

CLAIMS

What is claimed:

5 1. A colon hydrotherapy device, comprising:

 (a) a housing, wherein said housing is adapted to receive fluid inflow, and wherein said housing further comprises a first internal chamber extending substantially through the length of said housing for fluid inflow and a second internal chamber distinct from said first chamber for fluid outflow; and

10 (b) a nozzle attached to said housing, wherein said nozzle further comprises a plurality of water outlets for creating a fluid vortex when a pressurized stream of fluid is passed through said device.

15 2. The device of claim 1, further comprising an insertion rod residing in said housing for facilitating the insertion of said device into a subject.

3. A colon hydrotherapy device, comprising:

 (a) a housing, wherein said housing is substantially cylindrical in shape and further comprises:

20 (i) an anterior portion;

 (ii) a tapered posterior portion connected to said anterior portion;

 (iii) a stem on the exterior of said housing;

 (iv) a first internal chamber extending through said stem and substantially through the length of said housing; and

25 (v) a second internal chamber extending from said posterior portion of said housing to said anterior portion of said housing, and wherein said second chamber is separate and distinct from said first chamber; and

30 (b) a nozzle attached to said housing, wherein said nozzle further comprises a primary water inlet in communication with a plurality of water outlets for creating a water vortex when a pressurized stream of water is passed through said device.

4. The device of claim 3, further comprising an insertion rod for facilitating insertion of said device into said colon, said insertion rod further comprising:

 (a) a rounded tip at one end of said insertion rod;

(b) a groove in said rounded tip corresponding to said primary water inlet in said nozzle; and

(c) a planar grasping member at the end of said insertion rod opposite said tip, said grasping member further comprising at least one notch for stabilizing said insertion rod within said device.

5. The system of claim 3, further comprising a source of pressurized water.

6. The system of claim 3, further comprising a water input line attached to said stem.

7. The system of claim 3, further comprising a drainage line attached to said housing.

8. A colon hydrotherapy device, comprising:

(a) a housing, wherein said housing is substantially cylindrical in shape and further comprises:

(i) an anterior portion;

(ii) a tapered posterior portion connected to said anterior portion;

(iii) a stem on the exterior of said housing;

(iv) a first internal chamber extending through said stem and substantially through the length of said housing; and

(v) a second internal chamber extending from said posterior portion of said housing to said anterior portion of said housing, and wherein said second chamber is separate and distinct from said first chamber; and

(b) a nozzle attached to said housing, wherein said nozzle further comprises a primary water inlet in communication with a plurality of water outlets for creating a water vortex when a pressurized stream of water is passed through said device; and

(c) an insertion rod for facilitating insertion of said device into said colon, said insertion rod further comprising:

(i) a rounded tip at one end of said insertion rod;

(ii) a groove in said rounded tip corresponding to said primary water inlet in said nozzle; and

(iii) a planar grasping member at the end of said insertion rod opposite said tip, said grasping member further comprising at least one notch for stabilizing said insertion rod within said device.

9. The device of claim 8, further comprising a source of pressurized water.

10. The device of claim 8, further comprising a water input line attached to said stem.

5 11. The device of claim 8, further comprising a drainage line attached to said tapered posterior portion of said housing.

12. A method for performing colon hydrotherapy on a subject, said method comprising the steps of:

10 (a) attaching a colon hydrotherapy device to a source of pressurized water, wherein said colon hydrotherapy device further comprises:

(i) a housing, wherein said housing is adapted to receive water inflow, and wherein said housing further comprises a first internal chamber extending substantially through the length of said housing for water inflow and a second
15 internal chamber distinct from said first chamber for water outflow; and

(ii) a nozzle attached to said housing, wherein said nozzle further comprises a plurality of water outlets for creating a water vortex when said pressurized water is passed through said device; and

(iii) an insertion rod for facilitating insertion of said device into said colon;
20 and

(b) inserting said device into the colon of said subject by way of the rectum, wherein said insertion is performed by said subject;

(c) removing said insertion rod from said device;

(d) attaching an outflow line to said housing; and

25 (e) running said pressurized water through said device.

13. The method of claim 12, wherein said water enters said subject at a volume of about 15 to about 100 gallons in a time period of about 45 minutes.

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